

# Save Your Life.



## Know the Signs of Heart Attack.



# Every Minute Counts!

Seek treatment immediately if you or someone you know has these symptoms:

- *Chest pressure, pain or discomfort*
- *Pain in arms, neck, jaw or stomach*
- *Sweating or nausea*
- *Shortness of breath*

Women also feel:

- *Fatigue*
- *Anxiety*

## Call 9-1-1 Immediately!

For more information, talk to your healthcare provider or call the American Heart Association at

# 1-800-AHA-USA1

(1-800-242-8721)

**or visit [americanheart.org](http://americanheart.org).**



*Learn and Live<sup>SM</sup>*

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